



Mental Health, Grief, Post Natal Depression Questionnaire

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Please complete the questionnaire and return to TAL.

1. YOUR DUTY TO TAKE REASONABLE CARE

When applying for insurance, there is a legal duty to take reasonable care not to make a misrepresentation to the Insurer before the contract of insurance is entered into.

A misrepresentation is a false answer, an answer that is only partially true, or an answer which does not fairly reflect the truth.

If the duty is not met, this can have serious impacts on your insurance. Your cover could be avoided (treated as if it never existed), or its terms may be changed. This may also result in a claim being declined or a benefit being reduced. Please note that there may be circumstances where the Insurer later investigates whether the information given to it was true. For example, it may do this when a claim is made.

Guidance for answering the questions in this form

When answering the questions in this form, please:

- Think carefully about each question before you answer. If you are unsure of the meaning of any question, please ask us before you respond.
- Answer every question.
- Answer truthfully, accurately and completely. If you are unsure about whether you should include information, please include it.
- Review your application carefully before it is submitted. If someone else helped prepare your application (for example, your adviser), please check every answer (and if necessary, make any corrections) before the application is submitted.

Changes before your cover starts

Before your cover starts, the Insurer may ask you whether the information that has been given as part of your application for insurance remains accurate or whether there has been a change to any of your circumstances. As any changes might require further assessment or investigation, it could save time if you let us or the Insurer know about any changes when they happen.

If you need help

It's important that you understand your obligations and the questions asked. Please contact us for help if you have difficulty understanding the process of obtaining insurance or answering any questions.

2. PRIVACY

The Privacy of TAL customers is important and TAL is bound by obligations imposed by current privacy laws including the Australian Privacy Principles.

The way in which TAL collects, uses, secures and discloses your personal information is set out in the TAL Privacy Policy available at <http://www.tal.com.au/Privacy-Policy> or free of charge on request to TAL by telephoning 1800 666 136.

Collection and use of personal information

We collect personal information, including your name, age, gender, contact details, health information, salary, and employment information so that we may assess and administer our products and services to you. In certain circumstances, such as applications for life insurance products and claims, we may be required to collect personal information of a sensitive nature such as lifestyle and medical history information. If you do not supply the information that is required, we may not be able to provide our products and services to you or pay the claim.

We may take steps to verify the information we collect; for example, a birth certificate provided as identification may be verified with records held by Births, Deaths and Marriages to protect against impersonation, or we may verify with an employer regarding remuneration information provided in a claim for income protection to ensure that it is accurate.

2. PRIVACY (continued)

Disclosure of personal information

We disclose relevant personal information to external organisations that help us provide our services and may also disclose some of your personal information to other parties, when required to do so to provide our products and services to you, such as the following.

- Claims assessors and investigators, claims managers and reinsurers;
- Medical practitioners (to verify or clarify, if necessary, any health information you may provide);
- Any person acting on your behalf, including your financial advisor, solicitor, accountant, executor, administrator, trustee, guardian or attorney;
- Other insurers;
- For members of superannuation funds where TAL is the insurer, to the trustee, or administrator of the superannuation fund; and
- Other organisations to whom we outsource certain functions during the underwriting and claims processes, such as obtaining blood tests for underwriting purposes, rehabilitation providers, surveillance providers and forensic accountants.

There are situations where we may also disclose your personal information in circumstances where it is:

- Required by law (such as to the police or Australian Tax Office), and
- Authorised by law (e.g. under Court Orders or Statutory Notices).

3. PERSONAL DETAILS

Reference number	<input type="text"/>
Name of life to be insured	<input type="text"/>
Date of birth	<input type="text" value="DD / MM / YYYY"/>

4. QUESTIONNAIRE

1. Please advise the diagnosis or nature of your condition.

- Depression
- Anxiety
- Stress disorder
- Panic attacks
- Grief reaction
- Post natal depression
- Post traumatic stress
- Bipolar disorder
- Other → Please provide details

2. When did you first become aware of this condition?

3. Is there a cause or another condition associated with this condition?

- No Yes → Please provide details.

4. QUESTIONNAIRE (continued)

4. Please describe the symptoms experienced in relation to this condition (e.g. feeling down, mood swings, feeling anxious, shortness of breath, sleep problems, loss of appetite, fatigue).

5. How have these symptoms impacted your daily functioning?

6. How many days in the week have these symptoms impacted your daily function?

7. How long have symptoms usually lasted (e.g. 1 hour, 1 day, ongoing)?

8. How often have you experienced a recurrence of symptoms (e.g. daily, monthly, once only)?

9. When did you last experience symptoms?

10. Were symptoms triggered by anything (e.g. stress, work, family situation)?

No Yes → Please provide details.

11. Have you consulted a doctor, had any counselling or therapy, or attended a hospital in relation to this condition?

No Yes → Please provide details.

	CONSULTATION 1	CONSULTATION 2	CONSULTATION 3
a) Name of doctor, health practitioner or hospital	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>
b) Address	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>
c) First consulted (date – month and year)	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>
d) How often consulted (e.g. once only, monthly, annually etc)	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>
e) Last consulted (if more than once) (date – month and year)	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>
f) Treatment details (e.g. counselling, CBT, general consult)	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>	<input style="width: 100%; height: 40px;" type="text"/>

4. QUESTIONNAIRE (continued)

12. Have you used any medication in relation to this condition?

No Yes → Please provide details.

	MEDICATION 1	MEDICATION 2	MEDICATION 3
a) Name of medication (e.g. Zoloft)			
b) Dosage (e.g. 50mg once daily)			
c) First used (date – month and year)			
d) How often required (e.g. daily, once, monthly etc)			
e) Last used (date – month and year)			
f) Any change in medication in last 12 months?			

13. Has any future treatment or consultation with a doctor or health practitioner been discussed or considered?

No Yes → Please provide details on your future treatment plan.

14. Have you ever harmed yourself, had suicidal thoughts or ever attempted suicide?

No Yes → Please provide details including when you last had suicidal thoughts or thoughts of self-harm.

15. Has this condition ever affected your ability to perform your usual work duties?

No Yes → Please provide details including dates of time off work and details of any light or modified duties or hours worked.

4. QUESTIONNAIRE (continued)

16. Please provide any other information you think will be helpful to us in assessing your application.

5. DECLARATION

I have read the duty to take reasonable care and understand that if this duty is not met, this can have serious impacts on my insurance. I confirm that my answers to the questions are true, complete and correct. I agree that this Declaration shall be held to form part of my application for insurance made to TAL, as the Insurer.

Signature of
life to be insured



Date





DD / MM / YYYY

SUBMITTING THIS FORM

Please return your completed form and any supporting documentation to:

TAL Life Limited
GPO Box 5380
Sydney NSW 2001

CONTACTING TAL

-  groupriskadmin@tal.com.au
-  1800 666 136
-  +61 (0)2 9465 2065
-  tal.com.au

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